

Learning together...

Curriculum Area: STEAM

Recommended for: 3 years plus

Learning Activity: Food faces

Big Idea:

Where our food comes from and changes that occur when we add ingredients together

What to do:

While having lunch/dinner, together discuss ingredients that you are using and how you can create a face on the plate. In addition, this can bring in discussions around emotions how are you feeling? Happy/Sad, Grumpy/Angry.



Benefits:

1. Develops creativity, interest in food, independence and fine motor skills.

Links to Early Years Learning Framework:

Outcome 3: Children have a strong sense of wellbeing

Outcome 4: Children are confident and involved learners

Outcome 5: Children are effective communicators