

erring together...

Curriculum Area: Social - Emotional

Recommended for: 2 years plus

Learning Activity: Hide and Seek

Big Idea:

Play Skills

What to do:

Hide in your house and wait for your child to find you. Reverse the roles, where your child hides and you find them.

Benefits:

'Hide and Seek' engages children in one of their first experiences of playing a game with rules, whereby all participants follow a predictable



Photo by bady abbas on Unsplash

sequence of actions. In this game, children are involved in counting, seeking a hiding place of the right size, and waiting in anticipation to be found.

Links to Early Years Learning Framework:

Outcome 1.1: Children feel safe, secure and supported

Outcome 1.2: Children develop their emerging autonomy, inter-dependence, resilience and sense of agency

Outcome 3.1: Children become strong in their social and emotional wellbeing

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 5.1: Children interact verbally and non-verbally with others for a range of purposes

