

*Learning together...*

**Curriculum Area:** Spirituality

**Recommended for:** 2 years plus

**Learning Activity:** Body Tracing

## Big Idea:

Sense of Identity

## What to do:

Ask your child to lie on the ground. Draw a line around their body. Discuss what they notice, and the connections that they can make between the image and their physical body.

*To extend this further:*

-draw the body outlines of other family members, discussing similarities and differences relating to size and shape

-decorate the body outline

## Benefits:

This activity aims to nurture the child's sense of identity and understanding that we are all made in God's image.. The Early Years Learning Framework highlights the importance of fostering a sense of belonging. At the core of this lies each child's identity, which is formed through relationships.

## Links to Early Years Learning Framework:

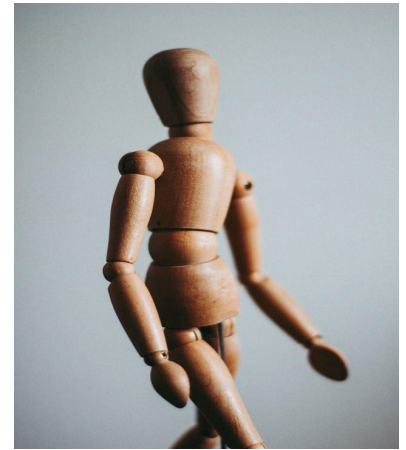
Outcome 1.1: Children feel safe, secure and supported

Outcome 1.2: Children develop their emerging autonomy, inter-dependence, resilience and sense of agency

Outcome 3.1: Children become strong in their social and emotional wellbeing

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 5.1: Children interact verbally and non-verbally with others for a range of purposes



*Photo by Kira auf der Heide on Unsplash*