

Learning together...

Curriculum Area: Movement

Recommended for: 2 years plus

Learning Activity: Balloon Tap

Big Idea:

Coordination

What to do:

Use a fly swat to tap a balloon along the ground, up in the air, into a goal (e.g. a washing basket positioned on its side) or towards another person, who is ready to catch or tap the balloon back in return.



Photo by Sagar Patil on Unsplash

Benefits:

Developmentally, this experience supports eye-hand coordination, motor planning and eye tracking.

Links to Early Years Learning Framework:

Outcome 1.1: Children feel safe, secure and supported

Outcome 1.2: Children develop their emerging autonomy, inter-dependence, resilience and sense of agency.

Outcome 3.2: Children take increasing responsibility for their own health and physical wellbeing

Outcome 4.2: Children develop a range of skills and processes such as problem-solving, inquiry, experimentation, hypothesising, researching and investigating.